



DIOCESE of
PARRAMATTA

OFFICE FOR SAFEGUARDING DIOCESE OF PARRAMATTA

2020 Diocesan Leadership Professional Development Modules

2020 DIOCESAN LEADERSHIP PROFESSIONAL DEVELOPMENT MODULES

In accordance with the Diocesan Requirements, each person who is in a leadership position, including all clergy, in the Diocese of Parramatta is required to undertake 7 hours of professional development in the areas of safeguarding and professional standards of children and vulnerable people.

The professional development model for 2020 allows individuals to self-select training modules that would be most beneficial to their needs and or/interests. A variety of topics will be made available to leadership across the Diocese. It is the responsibility of everyone to ensure that the minimum 7-hour requirement is completed within the calendar year. It is expected that leaders who are new to the Diocese will undertake the Building Safe Foundations modules (Part 1 and Part 2) before enrolling in any elective modules. Elective modules are 3.5 hrs in duration as well as some options being 7 hours in duration. Please note, the 7-hour requirement is a minimum requirement and individuals are welcome to enrol in as many modules as would benefit them.

Following is a list of module topics and available dates and times. To register for a module, there are two options:

The first option is to register on the safeguarding website www.safeguarding.org.au under TRAINING and the second option is to email safeguarding@parracatholic.org with your full name, Parish/Ministry/Agency, phone number and email address. Registration for each module will close one week before the scheduled date or once the venue capacity has been reached. Once you have registered, you will receive an email confirmation prior to the scheduled date to outline the venue and workshop details.

Should you have any questions, please contact the Office for Safeguarding – Diocese of Parramatta on **(02) 8838 3419**.



CALENDAR

Date	Time	Topic	Venue	Credited Hours
27 February 2020	1:00pm – 4:30pm	Building Safe Foundations Part 1	Institute for Mission	3.5hrs
21 April 2020	1:00pm – 4:30pm	Building Safe Foundations Part 2	Institute for Mission	3.5hrs
12 May 2020	10:00am – 4:00pm	Building Safe Foundations	Institute for Mission	7hrs
28 May 2020	12:30pm – 4:00pm	Safeguarding our Workplace – Managing Volunteers	Institute for Mission	3.5hrs
4 June 2020	1:00pm – 4:30pm	Cultural considerations in safeguarding children and vulnerable adults	Institute for Mission	3.5hrs
17 June 2020	10:00am – 4:30pm	Challenging Conversations	Institute for Mission	7hrs
7 July 2020	12:30pm – 4:00pm	Identifying and responding to high risk behaviours in adults	Institute for Mission	3.5hrs
23 July 2020	12:30pm – 4:00pm	Trauma-informed care with families impacted by Domestic Violence	Institute for Mission	3.5hrs
3 August 2020	1:00pm – 4:30pm	Listening and Walking with Survivors	Aengus Kavanagh Education and Equity Centre	3.5hrs
12 August 2020	10:00am – 4:30pm	Conflict Resolution Skills	Institute for Mission	7hrs

CALENDAR

Date	Time	Topic	Venue	Credited Hours
19 August 2020	10:00am - 4.00pm	Vicarious Resilience and Vicarious Trauma, Maintaining Hope in our work	St Josephs Centre	7hrs
15 September 2020	1:00pm - 4:30pm	Keeping our ministries safe online - including cyberbullying, social networking and sexting	Institute for Mission	3.5hrs
1 October 2020	1:00pm - 4:30pm	Engaging the voice of the child/young person in creating a safer church	Institute for Mission	3.5hrs
12 October 2020	12:30pm - 4:00pm	Investigations in Practice	Institute for Mission	3.5hrs
4 November 2020	12:30pm - 4:00pm	Safeguarding in NSW (part 4): Partnering with families, carers and communities.	St Patricks Cathedral Hall	3.5 hrs
19 November 2020	1:00pm - 4:30pm	Resilience in Ministry	Institute for Mission	3.5 hrs

COURSE DETAILS & DESCRIPTIONS

Building Safe Foundations – Part 1 & Part 2

This training is delivered in two parts and must be completed by all members of staff who are new to senior leadership positions in the Diocese. It covers the fundamental framework for safeguarding children and vulnerable adults for a leader in the Diocese of Parramatta – this includes legal compliance, Diocesan expectations, learnings from the Royal Commission into Institutional Responses to Child Sexual Abuse, child safeguarding standards and building knowledge and practice around developing an environment safe for children and other vulnerable people. There will be a brief exploration of crossing professional boundaries, the role of power in relationships and the importance of self-care. SAMSUN presenters will be ensuring that this presentation includes listening to survivors within this safeguarding framework.

samsn.org.au

Professional Development Credit: 3.5 hours

Safeguarding our Workplace – Managing Volunteers

Safeguarding is more than Child Protection. It relates to all vulnerable persons in our parish and ministry environments whom we have a duty towards. This module demonstrates how embedding Safeguarding best practices throughout our organisation ensures the protection of our whole community – the staff, volunteers and others we give a service to. It helps us better understand how protecting children and other vulnerable people is not distinct from, but actually a fundamental part of what we are already do within the scope of Work Health & Safety Requirements (WHS) and other established professional practices. The workshop will highlight best safeguarding practices with the many volunteers in our workplaces that require careful recruitment, supervision, induction processes, complaint management; record keeping, professional development, performance management, and screening to develop safe leadership.

Professional Development Credit: 3.5 hours

Cultural considerations in safeguarding children and vulnerable adults

This workshop is focused on building capacity in being culturally competent with diverse communities in our parishes, ministries and agencies from a human rights framework. The workshop will facilitate a reflection on potential cultural conceptual errors that are creating barriers in working with children, their extended-families and communities in safeguarding, such as faulty generalisations, mystified conceptions and partial knowledge about ethnic cultures whom we serve. The aim of the workshop to also equip leaders in being more culturally humble in our approaches and interactions to create a safe environment, that is influential for families from diverse cultures and refugee backgrounds. Presenter is Amrit Versha, founder and director of Third Space and has been working in the community services sector for 26 years. She is a researcher, educator and publisher in the issues of family violence and child protection programs for newly arrived migrant and refugee families in NSW. Amrit is active in supporting family violence prevention programs for South Asian communities for which she was recently presented with a national accolade by NAPCAN.

Professional Development Credit: 3.5 hours

COURSE DETAILS & DESCRIPTIONS

Challenging Conversations

The importance of having challenging conversations when the need arises is necessary to establishing and maintaining a fair and accountable culture. It is a critical skill to have in responding to early indicators of high risk conduct in others. However, it can be very difficult to do – especially when you work with the person, they are well liked or reputed. This module provides specific strategies on how to initiate and follow through with difficult conversations to address the concern, in a manner that achieves the required result and treats the person with dignity.

Professional Development Credit: 7 hours

Identifying and responding to high risk behaviours in adults

A safe environment for children, other vulnerable people and staff relies on establishing and maintaining adherence to professional boundaries. The only way to prevent harm by inappropriate adult behaviours is to intervene early- when high risk behaviour is first identified. This module is aimed to support leaders to identify and respond to early indicators of high-risk behaviours displayed by adults in the parish and ministry environment so to reduce the risk of serious allegations, investigations, abuse and harm to those in our care including our staff, paid and unpaid. The session addresses the challenge to leaders when “good people” behave badly. This workshop will be presented by child protection specialist Kate Halloran from Halloran Morrissey, please see [🌐 halloranmorrisey.com.au/about-us](https://halloranmorrisey.com.au/about-us)

Professional Development Credit: 3.5 hours

Trauma-informed care with families impacted by Domestic Violence

This module will provide information and strategies on how to respond to family members who are experiencing domestic abuse/violence. To respond effectively to domestic violence, it is critical that leaders in the Diocese understand the dynamics of domestic violence, know how to respond to a person in crisis and provide resources and information about services that are a good match. The parish, agency or specific ministry may be a place that violence in a family is identified or disclosed, consequently, it is important to be equipped to respond to this in the most informed and appropriate manner. This module will be presented by Cathy McClellan who has worked in the child protection field for over 30 years in government and non-government roles, as a social worker responding to domestic violence and sexual assault. Her experience includes working with NSW Health as a Clinical Consultant in Violence Abuse and Neglect in Victoria.

Professional Development Credit: 3.5 hours

COURSE DETAILS & DESCRIPTIONS

Listening and Walking with Survivors

This module will be presented by therapists from SAMSN: Survivors and Mates Support Network, Parramatta. SAMSN seeks to increase public awareness of the effects that childhood sexual abuse can have on men in their own lives, including those who have been abused by clergy. They employ psychologists and social workers who provide supports groups for men and their families and counselling. Their presentation seeks to educate participants on the challenges that are faced by survivors and their families and how to best listen and respond to disclosures. For more information: [🌐 samsn.org.au](https://www.samsn.org.au)

Professional Development Credit: 3.5 hours

Conflict Resolution Skills

Conflict can arise in within our parishes, ministries and agencies which can be both large and small. It can be disagreements over values, motivations, perceptions, ideas or desires and though at times some may seem trivial, sometimes these disagreements can trigger strong feelings and lead to broken relationships and unsafe cultures. This workshop is aimed at helping to recognise conflicting needs and willing to examine them with compassion and understanding. A model for engaging with conflict and how to mediate between parties will be provided and worked with the facilitator.

Professional Development Credit: 7 hours

Vicarious Resilience and Vicarious Trauma, Maintaining Hope in our work

This workshop will be presented by Carolyn Cousins from *Tunedin Consulting*. Carolyn has a background in the fields of child protection, domestic violence and mental health having held frontline, speciality and management posts in both Australia and the UK. More detailed information will be provided closer to the date. [🌐 tunedinconsulting.com](https://www.tunedinconsulting.com)

Professional Development Credit: 7 hours

COURSE DETAILS & DESCRIPTIONS

Keeping our ministries safe online – including cyberbullying, social networking and sexting

The eSafety Commissioner is developing a suite of guidance materials to assist schools, parents and leaders in preventing and responding to online safety issues and creating child safe online environments. These resources were in response to the Final Report from the Royal Commission into Institutional Responses to Child Sexual Abuse and the Education Council's work program to address bullying and cyberbullying. This workshop will present leadership in how to engage the whole parish community in online safety, including staff and volunteers. The trainers from eSafety will also be providing strategies and resources on how to support safety and wellbeing when responding to incidents of cyberbullying, image-based abuse and sexting. 🌐 esafety.gov.au

Professional Development Credit: 3.5 hours

Engaging the voice of the child/young person in creating a safer church

Standard 2 of the National Catholic Safeguarding Standards states that children are safe, informed and participate in our parishes, ministries and programs. This includes children being informed about their rights in a variety of mediums, participating in decisions affecting them according to their developmental age and taken seriously when they express their views, feelings and raise their concerns. This workshop is designed to help equip participants with knowledge and skills on how to empower children and hear their voices in decision-making. The discussion and material will include what are age-appropriate strategies to engage and consult with children that contributes to them feeling safe and included, as well as knowing how to implement their input.

Professional Development Credit: 3.5 hours

Investigations in Practice

This module will be presented by Michelle Scobie, Integroe Partners. She will be looking at the investigation process through case studies and active problem-solving. The module content will include some considerations of the role of the various leaders throughout an investigation process and the relevant boundary considerations that are necessary to ensure the integrity of the process. This module will examine some of the impacts an investigation has on the people involved and known practices that can assist to reduce the impact within a school environment.

🌐 integroe.com.au/about_team.php

Professional Development Credit: 3.5 hours

COURSE DETAILS & DESCRIPTIONS

Safeguarding in NSW (part 4): Partnering with families, carers and communities.

This workshop is the fourth in a series of workshops that invites leaders from other Dioceses to join the Diocese of Parramatta to hear from government and Catholic leaders in the safeguarding space. The focus at this presentation is on Standard 3 of the National Catholic Safeguarding Standards which is ensuring families, carers and communities are informed and involved in promoting child safeguarding in our ministries, parishes, agencies and schools. Further information will be provided closer to the date.

Professional Development Credit: 3.5 hours

Resilience in Ministry

This workshop will provide an opportunity for participants to learn, discuss and share information relating to sustainable practices for developing resilience in the current climate. The workshop will include an overview from research of the importance of building vitality and meaningfulness in our work and as leaders help supervise our staff by providing a strong sense of coherence. Following a presentation, there will be a practical component to identify and highlight strategies that will assist with ensuring that the impact of ministry on wellbeing is safe and healthy.

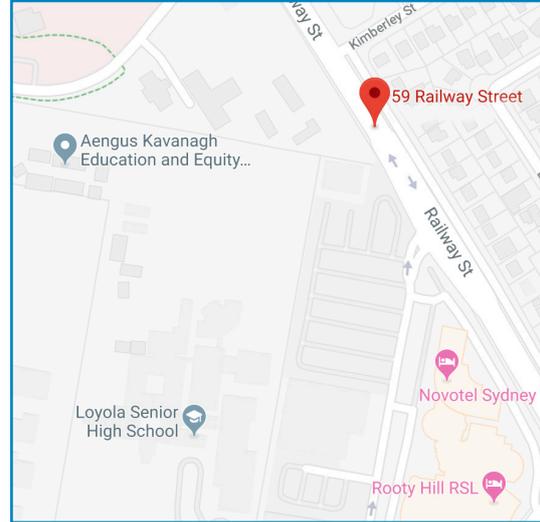
Professional Development Credit: 3.5 hours

LOCATIONS



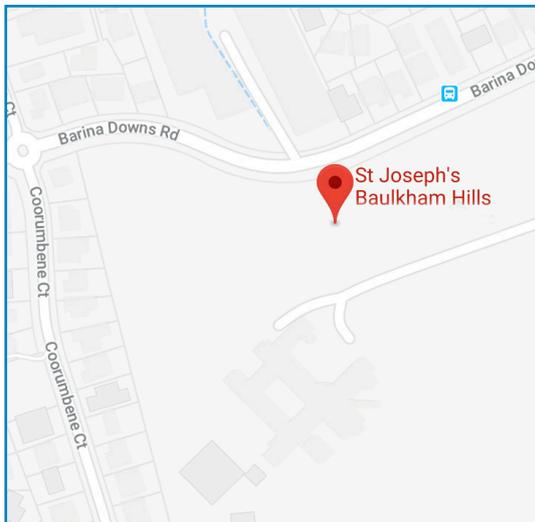
Institute for Mission

1-5 Marion St,
Blacktown NSW 2148
(off Flushcombe Road)



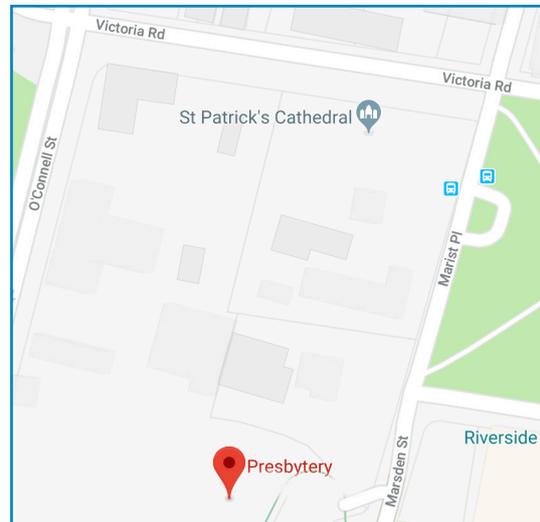
Aengus Kavanagh Education and Equity Centre

59 Railway St,
Rooty Hill NSW 2766



St Josephs Centre

33 Barina Downs Rd,
Baulkham Hills NSW 2153



St Patricks Cathedral Hall

1 Marist Pl,
Parramatta NSW 2150